# UNIVERSITY OF NOVI SAD FACULTY OF MEDICINE



Study program: Integrated Academic Studies in Medicine

**Course title: Health Promotion** 

**Teacher:** Svetlana T. Kvrgić, Vesna P. Mijatović Jovanović, Snežana N. Ukropina, Sonja Lj. Šušnjević, Sanja V. Harhaji, Sonja I. Čanković, Dušan K. Čanković, Ivana F. Radić

Course status: elective

ECTS Credits: 3
Condition: none

#### Course aim:

To capacitate students in understanding the roll of health and other sectors of the society and their active cooperation in the health promotion process.

# **Expected outcome:**

Acquiring skills to work with health and other professionals, groups and individuals in the community in order to implement health promotion.

#### Content

#### Theoretical education

Definition and term of health promotion, principles and strategies. Health promotion and health education in strategic documents. Settings for health promotion (WHO health promotion settings approach — "Healthy cities", Healthy school", "Healthy kindergarten"). Population and high risk strategies in the prevention of non-communicable diseases. Behavioural and biological risk factors for non-communicable diseases. Health promotion in prevention of communicable diseases. Behavioural models of health decision-making and behaviours. Health education — definitions, aims, methods and tools. Health promotion and prevention programme structure. Content and organization of work in health promotion centres in Institutes of Public Health. Evaluation of the health promotion programmes.

### Practical education

Health education tools and methods, health promotion and prevention programme, action plan, health promotion campaigns.

## Literature

#### Compulsory

- 1. Jakovljević Đ, Grujić V, urednici. Socijalna medicina. Novi Sad: Medicinski fakultet Novi Sad; 2014.
- 2. Novaković B, Grujić V, urednici. Higijena i zdravstveno vaspitanje. Novi Sad: Medicinski fakultet Novi Sad; 2004.

# **Additional**

- 1. Simić S. i sar. Socijalna medicina udžbenik za studente medicine. Beograd: Medicinski fakultet Univerziteta u Beogradu; 2012.
- 2. Poland B, Green LW, Rootman I, editors. Settings for health promotion: Linking theory and practice. Thousand Oaks, CA: Sage; 2000.
- 3. Glanz K, Rimer BK, Viswanath K, editors. Health behavior and Health Education. 4h edition. San Francisco, CA: Jossey-Bass A Wiley imprint; 2008.

Number of active classes	Theoretica	Theoretical classes: 15		Practical classes: 30	
Teaching methods:  Student activity assessment (maximum 100 points)					
Lectures		5	Written		
Practices		15	Oral		55
Colloquium					
Essay		25			